



Teesside 2010 District Handbook



Produced By : Gavin Russell Email: gavin_russell@hotmail.co.uk

February 2010



1.0 TEESSIDE 2010 ELECTED DISTRICT CYCLE TIME TRIAL OFFICIALS

CHAIRMAN: Andy Cosgrove 56, Balmer Hill, Gainford, Darlington, Co., Durham DL2 3EL Tel: 07868181958

SECRETARY: Gavin Russell 92, Wimpole Rd, Fairfield Park, Stockton-on-Tees. TS19 7LR Tel: (01642) 654 419

TREASURER: Don Urwin 19, Malvern Drive, Acklam, Middlesbrough. TS5 8JA Tel: (01642) 820 664

COMMITTEE:

A. E. Harrison	39, Ridley Ave, Acklam, Middlesbrough, TS5 7AR
L .W. Harrison	22, Runswick Ave, Acklam, Middlesbrough. TS5 8JS
C. Whitfield	17, Waltham Ave, Stockton-on-Tees. TS18 5AE
D. George	12, Oak Rd, Guisborough, Redcar & Cleveland. TS6 0AF
Mrs S. Binks	116, Park Ave, Teesville, Middlesbrough. TS6 0AF
D. Herbert	22 Barford Close, South Fens, Hartlepool. TS25 2RQ
K. Slater	7, Beal Walk, Durham. DL1 2PL
F. Simpson	21 Linden Rd, Ferryhill, Co. Durham. DL17 8BD
J. Grant	12, Wainwright Walk, Seaton Carew, Hartlepool. TS25 1XA
H. Heighton	109, Ashbourne Drive, Coxhoe, Co., Durham. DH6 4SR

Teesside Best All Rounder Co-ordinator	D. Herbert 22 Barford Close, South Fens, Hartlepool. TS25 2RQ Tel: 01429 871763
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Tyne Tees Sporting Course Co-ordinator	Andy Cosgrove, 56, Balmer Hill, Gainford, Darlington, Co., Durham DL2 3EL Tel: 07868181958
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POLICE AUTHORITIES ADDRESSES FOR EVENTS IN TEESSIDE DISTRICT

Cleveland Police –

The Chief Constable,
Cleveland Police Headquarters,
Ladgate Lane,
Middlesbrough.

Tel: (01642) 326 326

Durham Police -

The Chief Constable,
Durham Constabulary,
Ackley Heads,
Durham.
DH1 5TT

Tel: (0191) 386 4929

North Yorkshire -

Operation Planning Dept
North Yorkshire Police
Malton Police Station
Old Malton Rd
Malton
North Yorkshire
YO17 7EY

Tel: 0845 6060247
Ext: 5668 or 5630



CYCLING TIME TRIALS



2.0 APPROVED 2010 TEESSIDE DISTRICT OFFICIALS

The Following List of Officials are appointed and approved by the Teesside CTT District Committee to officiate at Open Events during the coming Season.

TIMEKEEPERS :-

A.E. Harrison	39,Ridley Ave, Acklam, Middlesbrough, TS5 7AR	Tel : (01642) 270758
L.W. Harrison	22, Runswick Ave, Acklam, Middlesbrough, TS5 8JS	Tel : (01642) 592542
D. Oliver	"Ryehill", Blue House Est. Kirk Merrington, Spennymoor, Co., Durham. DL6 7JD	Tel : (01388) 816858
G. Russell	92, Wimpole Rd, Fairfield Park, Stockton-on-Tees, TS19 7LR	Tel : (01642) 654419
D. Urwin	19, Malvern Drive, Acklam, Middlesbrough, TS5 8JA	Tel : (01642) 820664
N. Bielby	4, Edinburgh Close, Nunthorpe, Middlesbrough.	Tel : (01642) 315797
R. Lightle	4, St Johns Rd, Leeming, Northallerton, N Yorks, DL3 9QS	
F. Joughin	31, Premier Rd Stockton-on-Tees. TS19 7DT	Mobile Tel : 0775 25 27709
N. Wishart	50, Blackwell Lane, Darlington, Co., Durham	Tel : (01325) 282442
P. Kitson	49, Palm Grove, Fairfield, Stockton-on-Tees. TS18 7AZ	Tel: (01642) 582903
C. Whitfield	17, Waltham Ave, Stockton-on-Tees. TS18 5AE.	Tel : (01642) 653401
A.Todd	Raymonde Cottage, Cotherstone, Barnard Castle, Co., Durham. DL12 9NL	Tel : (01833) 650928
G. Trigg (Available when resident in UK)	52, Lansdowne Rd, Middlesbrough,	Tel : (01642) 247655

ASSISTANT TIMEKEEPERS:

G. Marshall	34, Yearby Close, Acklam, Middlesbrough,	Tel : (01642) 814571
Mrs S. Binks	116 Park Avenue, Teesville, Middlesbrough TS6 0AF	Tel: Ex Directory
I. Hutchinson	5, Peacocks Close, Stokesley, Middlesbrough TS9 5QD	Tel: (01642) 713221
B. Millen	9 Montrose Close, Marton, Middlesbrough. TS7 8LA	Tel: (01642) 318675
Mrs S. Hall	10, Newby Close, Ripon, N.Yorks HG4 1SJ	Tel: (01765) 606525
A. Cosgrove	56, Balmer Hill, Gainford, Darlington, Co., Durham. DL2 3EL	Tel: 07868181958
A. Grosvenor	4, Hurbuck Cottages, Lanchester, Co., Durham DH7 0RJ	Tel: (01207) 582585



CYCLING TIME TRIALS



HANDICAPPERS:

D. Urwin	19 Malvern Drive, Acklam, Middlesbrough TS5 8JA	Tel: (01642) 820664
A. Cosgrove	56, Balmer Hill, Gainford, Darlington, Co., Durham. DL2 3EL	Tel: 07868181958
Mrs F. M. Dawson	10 Pinewood Road, Eaglescliffe, Stockton- on-Tees TS16 0AH	Tel: (01642) 783456
Mr S. Binks	116 Park Avenue, Teesville, Middlesbrough TS6 0AF	Tel: Ex Directory

COURSE MEASURERS:

A.E. Harrison	39, Ridley Ave, Acklam, Middlesbrough, TS5 7AR	Tel : (01642) 270758
G. Russell	92 Wimpole Road, Fairfield Park, Stockton-on-Tees. TS19 7LR	Tel: (01642) 654419
N. Wishart	50, Blackwell Lane, Darlington, Co., Durham	Tel : (01325) 282442
A. Cosgrove	56, Balmer Hill, Gainford, Darlington, Co., Durham. DL2 3EL	Tel: 07868181958

There are also a small number of approved district officials who are not listed above, who wish to officiate only for their own club's open and club events.

Useful Information:

The contact for hiring the Crathorne Reading Rooms is:

Mrs Calvert,
Church House Farm
Crathorne
Yarm,
North Yorkshire

Tel: (01642) 700545



3.0 TEESSIDE DISTRICT CYCLE TIME TRIALS 2010 GUIDELINES

The following guidelines are considered to be basic common sense and are to address issues that have been experienced in the past and/or that we are all aware of.

The following guidelines are to be printed on ALL start sheets:

- i) All numbers are available at the Event Headquarters or finish/result board (except at hill climbs where alternative arrangements may be required) and not at start. All riders will be required to sign on, when collecting their number. A notice will be on display of any significant risks that may have been identified on the day of the event, which may affect rider's safety.
- ii) No cars other than the Event Officials are to be parked at the start.
- iii) No U turns are to be undertaken within sight of the start.
- iv) Riders are not to warm up on any part of the course, whilst an event is being held.
- v) No turbo trainers are to be used for warming up within 100 metres of inhabited properties.

Riders are reminded of Regulation 15 in the CTT Handbook, which states:

All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZ/2063.96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- (a) Select a helmet that offers protection against head injury and does not restrict the riders vision or hearing.***
- (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.***

Footnote:

- (I) Any helmet which suffers damage (e.g. in the case of an accident or through mishandling) may no longer afford the same level of protection.***
- (II) Cycling Time Trials makes no warranties or representations regarding the adequacy of any standard or the fitness for the purpose of any brand of helmet and will not accept any claims arising from the use of any particular helmet.***
- (III) The current British Standard BS 6863 is primarily intended for use by young riders and is not intended to provide a complete specification for helmets for high speed or long distance riding.***

When an Event Organiser compiles his start sheet, regardless whether manually or by using a Computer programme, due regard is to be taken of the District Committee following wishes.

- i) a member of the promoting club should start at number one.
- ii) the sequential placing of riders from the same club should be avoided if at all possible.



3.0 TEESSIDE DISTRICT CYCLE TIME TRIALS 2010 GUIDELINES **(Continued)**

Should an Event Organiser decide to ride the event they are organising, then a responsible person shall be named on the start sheet, who shall be in charge of the event whilst the organiser is competing.

4.0 IMPORTANT NOTICE TO EVENT ORGANISERS

COURSE RISK ASSESSMENTS: Risk Assessments have been prepared for all courses where Open Events are organised. In an effort to consider and reduce risk to both competitors, official's and organiser's, "on the day" Risk Assessments forms are available for organisers to complete and returned to the District Secretary.

It is important to assist in maintaining accuracy and relevance of the course risk assessments, that feedback is provided to the District Secretary after each event, so that it can be considered as future amendments to the risk assessment.

EVENT HEADQUARTERS: It is the express wish of the Teesside District Council that wherever possible an Event Headquarters should be made available for rider's use, prior to, during and following all open events.

START & RESULT SHEETS: may be emailed to competitors, where an appropriate email address has been provided.

AFFILIATED CLUBS: Each organiser must check that riders entering an event, do so under the name of a club that is affiliated to the CTT. Information is available from either the District Chairman or Secretary or by accessing the CTT website at: www.ctt.org.uk

SIGNING ON SHEETS: **ALL** rider must personally sign on when collecting their number before starting an event. Local to the signing on sheet, any known safety information that may affect a competitor's safety during or associated with the event, will be displayed.

FINISH: Regulation 26 (c) (v): Appoint a Competent person to act as a number checker for the Finishing Timekeeper.

RESULTS: Please forward an electronic copy of the result of your event as soon as possible after its completion to: results@cyclingtimestrials.org.uk from where it will be published on the CCT web site.

In addition, can you also email (if available) the result to mail @ tt-weekly.com so that it will be published in the TT weekly newspaper, details of which are on pages 31 & 32 of this handbook.

**ORGANISERS PLEASE NOTE: THE 2010
OPEN EVENTS LEVY IS £2.00 PER RIDER.**



5.0 REMINDER TO ALL COMPETITORS:

Completion of Entry Form: Please ensure when completing your Entry Forms that **LINE 6** is completed with the requested information.

This ensures that:

- the Event Secretary can allocate, when setting the field, the correct starting position, according to your current performances,.
- handicaps are in keeping with current times.

For Example: In a 25ml Time Trial, if line 6 on the Entry Form is not completed, line 2 will be used to calculate your handicap, This means your handicap is based on the best ride you have produced at that distance in the last 3 years, rather than as it should be on the current and last season.

IMPROVEMENT: It is a requirement of CTT Regulation 13(a) that for handicap and time category events that any improvements in performance are notified to Event Organisers within 3 days of any improvement.

CLUBS/ASSOCIATIONS/RACING TEAMS AFFILIATED TO THE CTT THROUGH THE TEESSIDE DISTRICT FOR THE 2010 SEASON:-

A current list of Clubs, Associations and Racing Teams affiliated to the CTT is available from the Teesside District Secretary. The information, including details of current sponsored teams and those riders that have elected to ride for the Headquarter's Club, can also be viewed by logging onto the Cycle Time Trial Web page at:

<http://www.ctt.org.uk>

In addition, several Teesside Clubs host Web Sites which provides useful information on their activities.

COPIES OF THE 2010 CTT HANDBOOK (which provides details of all 2010 Open Events) ARE AVAILABLE FROM:

**Keith Lawton,
1, Pinfold Court,
Sherburn-in-Elmet,
Leeds
LS25 6LD**



CYCLING TIME TRIALS



6.0 2010 DISTRICT COMPETITIONS

Teesside District 25mile Time Trial Championship

Organised on behalf of the District by Cleveland Coureurs CC on Sunday 23th May 2010 on T252/3 Course. The Championship is open to all riders who are 1st Claim members of clubs /Associations/Teams affiliated through the Teesside CTT District.

Trophies will be awarded to the fastest Qualifying Teesside Man, Lady and Junior rider, with medals awarded to all Age Categories winners.

For the 2010 Season, the VTTA (North) 25ml Jubilee Cup will be awarded to the Fastest VTTA North rider on Standard in this event.

Teesside District Best All Rounder: Trophy and Medal for Winner, Certificates for all qualifiers.

MENS:

Qualifying Distances: 10, 25 & 50 mls. All qualifying rides to be completed within the Teesside District i.e. on T courses.

LADIES:

Qualifying Distances: 10, 25 & 50 mls. All qualifying rides to be completed within the Teesside District i.e. on T courses.

JUNIOR:

Qualifying Distances: 2 x 10mls & 2 x 25 mls. All qualifying rides are to be completed within the Teesside District. i.e. on T courses.

Note: There is only one junior award, i.e. there is not a separate competition for boys and girls.

TEAM AWARD:

Fastest 3 qualifiers from same club/team will be awarded the District Shield. Certificates will be awarded to all qualifiers.

The full BAR Conditions are available from the Teesside District Secretary or the Teesside BAR Administrator.

Please Note: Only times recorded on Teesside Courses (i.e. courses with a "T" reference) will be eligible for qualifying in year 2010 Teesside BAR.

Times recorded anywhere in the country, qualify for the CTT National BAR.

All BAR Claims are to be submitted, on the BAR Claim Form, to the BAR Administrator, Dave Herbert, by 31st October 2010. Contact Details as inside front cover.



7.0 RESULT OF 2009 TEESSIDE DISTRICT 25 MILE CHAMPIONSHIP

Organized by CLEVELAND COUREURS & held on Sunday 20th May 2009, under CTT Regulations on the T252/3 Course.

Fastest & Champion: Ron Wood Memorial Shield + Medal

Winner Name	Club	Age	Time
Richard Meadows	Velo 29	19	51.38

Fastest Lady: Salva & medal

Mary Dawson	Teesside Road Club	80	1.19.04
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Fastest Junior, 24 – 29 & 30 – 34 Age Group:

No Teesside District Riders were entered in these categories			
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Fastest Espoir,

Richard Meadows	Velo 29	19	51.38
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35 – 39 Age Group: Medal

Darren Gee	Teesdale CRC	36	53.24
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40 - 44 Age Group: Medal

Steve Fullerton	Darlington CC	41	53.51
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45 – 49 Age Group: Medal

Geoff Robinson	Cleveland Wheelers	46	54.49
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50 – 59 Age Group: Medal

Steve Davies	Ferryhill Wheelers CC	57	55.47
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60 – 64 Age Group: Medal

Terence Bashford	Cleveland Coureurs	62	57.57
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65 – 69 Age Group: Medal

Athel Lawton	Stockton Wheelers CC	66	1.02.02
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70+ Age Group: Medal

Neil Stuart	Stockton Wheelers CC	70	1.06.15
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8.0 RESULT OF 2009 TEESSIDE DISTRICT BAR

Pos	Rider	Club	10 miles	25 miles	50 miles	Av Speed MPH
1	I. B. Jones	Altura RT	21.14	52.03	1.53.14	27.856
2=	S. Coates	Cleveland Wheelers CC	21.47	53.55	1.53.01	27.303
2=	S.G. Fullerton	Darlington CC	21.39	53.51	1.53.53	27.303
4	H. Heighton	Ferryhill Wheelers CC	22.35	57.20	1.59.58	25.912
5	A. Wolff	Ferryhill Wheelers CC	22.55	57.29	2.03.26	25.526
6	I. Knights	Ferryhill Wheelers CC	22.08	57.02	2.10.55	25.441
7	T. Bashford	Cleveland Coureurs	23.41	57.57	2.04.47	25.086
8	D. Herbert	Hartlepool CC	24.54	1.02.51	2.10.34	23.646
9	C.E. Scurr	Hartlepool CC	25.21	1.03.27	2.11.17	23.386
10	P. Dawson	Teesside RC	24.46	1.03.38	2.22.01	22.976
11	G. Hugill	Teesside RC	29.59	1.09.33	2.25.48	20.718

Team BAR Winners -10, 25 & 50 mile

Ferryhill Wheelers CC	H. Heighton A. Wolff I. Knights	25.626mph
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Senior Ladies and Junior BAR

No Qualifying Entries Received

9.0 VTTA Competitions & Standard Awards : For those competitors who are 40 years young or older there are further competitions available, both locally and nationally, through the Veteran Time Trial Association (VTTA)

**For further information on the VTTA, please contact:
Les or Mary Dawson, 10, Pinewood Rd, Eaglescliffe,
Stockton-on-Tees, TS16 0AH Tel : (01642) 783 456**

10.0 CLUB EVENTS: Clubs throughout the District organize on various weekday evenings Club Events. Many of the events are "COME TRY IT" events. Contact your local CTT affiliated club for conditions of entry, which night, which course and at what time they start. In addition details can be provided by the District Secretary. Details of all Teesside District CTT Affiliated Clubs can be accessed through the CTT Web Site.

ORGANISERS OF CLUB EVENTS PLEASE NOTE: the levy for this type of event is £1 per rider (payable following the event, with accompanying sign on sheet)

Results: To keep up to date with results from many of the Teesside District's open time trials, go to the CTT website at:

<http://www.ctt.org.uk>



CYCLING TIME TRIALS




11.0

The Tyne Tees SPOCO Administrator for 2010 is:
 Andy Cosgrove – email: andy.cosgrove@teesdalecrc.org

Date	Course	Distance	Time	Sponsoring Club
Sunday 14 March	T211	21	10:00 AM	Cleveland Whs CC
Saturday 20 March	M21	21	2:00 PM	Barnesbury CC
Sunday 21 March	T244	24.4	9:00 AM	Teesdale CRC
Sunday 28 March	T165	16	9:00 AM	Bishop Auckland CC
Saturday 3 April	M20	20	2:00 PM	Tyneside Vagabonds CC
Sunday 4 April	T235	23	9:00 AM	Stockton Whs CC
Sunday 18 April	T405	40.5	9:00 AM	Teesdale CRC (Mountain)
Saturday 1 May	T181	17.2	2:00 PM	Cleveland Coureurs CC
Sunday 2 May	T2531R	25	9:00 AM	Darlington CC
Monday 3 May	M14	14	10:00 AM	Derwentside CC
Saturday 8 May	T183	18	2:00 PM	Altura RT
Sunday 16 May	M47	47	10:00 AM	Tyneside Vagabonds CC (Mountain)
Thursday 27 May	T243	24	7:00 PM	Richmond CC
Wednesday 2 June	T103/1	10	6:30 PM	Darlington CC
Wednesday 16 June	T091x2	17.5	6:30 PM	Cleveland Whs CC
Sunday 20 June	T204	20	9:00 AM	Ferryhill Whs CC
Thursday 1 July	M9	9	7:00 PM	Cestria CC
Sunday 18 July	M26	26	10:00 AM	Tyneside Vagabonds CC
Sunday 1 August	M100/20	100	6:00 AM	N&DCA
Saturday 14 August	M21	21	10:00 AM	Ryton Tri
Saturday 11 Sept	M18	18	2:00 PM	Northumbria Police Cycling Club
Sunday 12 Sept	MH11	1	11:00 AM	Derwentside CC (Hillclimb)
Saturday 18 Sept	T183	22	2:00 PM	RTTC RUDY PROJECT TIME TRIAL SERIES
Monday 8 November	TT SPOCO Social night, Shoulder of Mutton, Kirby Hill, Richmond			

Keep up to date on progress and results for the SPOCO at:

<http://www.ttspoco.co.uk>

12.0 In addition to District Competitions: Cycling Time Trials National Competitions are held every season, details of which, together with all Teesside event information can be found in the 2009 Cycle Time Trials Handbook.



CYCLING TIME TRIALS



13.0 2009 SPOCO Series Winners

Senior Overall

- 1 K Murray Wheelspin / Scott
- 2 D Munnely KB Cycles RT
- 3 O Pearce Boneshakerbikes.com

Veterans over 40

- 1 D Lund Symbol Signs
- 2 M Gibson Adept precision / NE Healthcare Sols RT
- 3 M Worner Teesdale CRC

Veterans over 50

- 1 N Trehitt Derwentside CC
- 2 D Campbell Stockton Wheelers
- 3 P Jack Teesdale CRC

Veterans over 60

- 1 P Hamilton Derwentside CC

Premier League

- 1 K Murray Wheelspin / Scott
- 2 D Munnely KB Cycles RT
- 3 O Pearce Boneshakerbikes.com

Intermediate League

- 1 Howard Heighton Ferryhill Wheelers CC
- 2 Mark Mather Ferryhill Wheelers CC
- 3 Patrick Hamilton Derwentside CC

Sportif League

- 1 K Sibbald Cramlington CC
- 2 I Waite Cramlington CC
- 3 P Gittins Ferryhill Wheelers CC

Team of 3

- 1 D Gee Teesdale CRC
- 2 M Worner Teesdale CRC
- 3 A Cosgrove Teesdale CRC



14.0 Tyne Tees Spoco Rules and Regulations 2010

1. The competition is known as the Tyne Tees SPOCO and is administered jointly by the Tees-side District and North East District of Cycling Time Trials under their rules and regulations. A levy of 50 pence per rider in each qualifying event (to be included in the event entry fee) has been agreed in order to cover the costs of the competition.
2. The competition is open to any rider whose club is affiliated to Cycling Time Trials. The competition is run on a points basis. Individual riders do not have to make any claims for points since they are awarded automatically after each event.
3. For each event, 120 points are awarded for first place, decreasing by 1 point for each subsequent place. Only competitors appearing on the result sheet will be awarded points.
4. **There are 23 qualifying events. Riders can enter as many events as they wish. The general competition is determined by each rider's best 7 results.**
5. The Junior competition will follow the senior format, but the Juvenile (under 16 and under 14) competition will consist of 4 shorter events. With each rider's best 3 results to count.
6. Riders not completing the required number of events will be eliminated from the final league table and will not be eligible for prizes or count towards the team prize.
7. A detailed league table will be displayed on the website www.ttspoco.co.uk. Event secretaries should send their start sheets and results sheets to the administrator as quickly as possible (preferably electronically). The aim is to have a provisional result posted on the website within 24 hours of each event, which will be finalised with the receipt of the official result.
8. Prize categories: Seniors; Ladies; Juniors; Under 16 and Under 14; Veterans over 40; Veterans over 50; Veterans over 60; Veterans over 70 and Teams of 3. There will also be 3 leagues (or categories) split by ability into Premier, Intermediate and Sportif Leagues. The Tyne Tees SPOCO Administrator's judgment on the allocation of riders to the appropriate leagues will be final.
9. Prizes will be awarded in each category only if there are at least two qualifiers. Ties for the prize categories in the final league table will be resolved by counting the number of 1st places. If still equal, 2nd places will be counted, then 3rds, etc.
10. The age category of each competitor is determined by their age on the 1st of March 2008, and they remain in that age category for the duration of the competition.
11. A rider who changes club during the competition will transfer his/her points to the new club provided the rider informs the Tyne Tees SPOCO Administrator and the change complies with CTT rules and regulations.
12. Each club can nominate a Tyne Tees SPOCO contact who is responsible for distributing any Tyne Tees SPOCO information to their club. If a club makes no specific nomination then any correspondence will be sent to the Club Secretary. Riders wishing to supply the Tyne Tees SPOCO Administrator with their email address will receive updates, where appropriate, throughout the season. (Email addresses will be stored securely and will not be distributed to any 3rd parties.)
13. **A levy of 50p per rider is incorporated into the event entry fee for each SPOCO event, with a maximum fee of £25 per event to be sent to the District Treasurer.**
14. **The event organizer should forward the SPOCO levy, (as a separate cheque, made out to: "CTT Teesside District"), at the time of submitting their CTT levy, TO THEIR DISTRICT TREASURER,**



15.0 TEESSIDE COURSE DESCRIPTIONS – 2010 SEASON

STANDARD DISTANCES

T102 : Start at road mark 10 S on east side of old A19, approx 240 yds south of Crathorne village. Proceed south to join A19 southbound. Continue to Cleveland Tontine Hotel (4.98 mls) and turn sharp left and left again (care) onto A172 Stokesley road, continuing over bridge to join A19 Northbound (5.704 mls). Proceed north on A19 to finish at 1st grating from south end of lay-by on A19, approx 0.75 mls south of Crathorne/Picton Road Bridge over A19. (10.00 mls).

NOTE :- Riders are to remain on A19 after finish, coming off at A67 junction and retrace to headquarters area through Crathorne village.

T105/4 : Start at mark on kerbstone level with the third broken line-marking on the junction of the old lane closed to sign "Motor Vehicles Except for Access", and proceed out onto the road exiting Sedgfield village to the south east. After 245 yards bear left onto the slip road to join the A689 towards Hartlepool. Follow the A689 east to continue straight over the roundabout for Wynyard Village (4.07 miles) to the Wynyard Buisness Park roundabout (5.08 miles), Encircle the roundabout and retrace the A689 straight over the Wynyard Village roundabout (6.18 miles) and continue in a westerly direction to finish at the second of the five lampposts, and mark on kerb, immediately before the junction with the road into Sedgfield on which you started (10.00 miles).

T252/3 : Start at de-restriction sign at south end of Crathorne on old A19 (5 yds south of farm entrance) and proceed onto A19 southbound. Continue on A19 to bear left off A19 signed Knayton ¼ ml, Borrowby 1¼ ml, (12.16mls) Proceed up slip road to turn left over bridge crossing A19, to crossroads, where left to rejoin A19 northbound. Continue northwards to finish at end of footpath, just prior to bridge over A19 (Crathorne/Rounton Road) (25.00 mls)

T252/2: Start at gateway, approx 30 yds on the Nether Silton lane, approx ¼ mile south of the Haines Arms Public House at Jeater Houses. Join A19 Southbound and proceed south to join the A168 and continue to the Topcliffe junction, taking slip road,(11.892mls) sign posted Topcliffe/Dalton. Continue on sliproad, under bridge and then (with care) turn right onto northbound slip road, leading to the A168. Retrace outward journey A168/A19 northwards, continuing past the starting area to finish approx ¼ mile north of Haines Arms on A19 at gateway, south of entrance to large layby. (25mls)

T301/1: Start at clearway sign, opposite Kings Head Hotel at Clack Lane Ends, on the A684. Join the A19 southbound carriageway and proceed south on Thirsk by-pass onto A168 to Topcliffe junction, signposted Sessay. (14.021mls) Bear left following road under A168 bridge to turn immediately right (with care) to join the northbound carriageway of the A168. Proceed north on A168/A19 to bear left off A19 at Cleveland Tontine junction to join the A172 sign posted Stokesley to finish just before the bridge over the A19, opposite gully cover at end of footpath. (30.00mls)

T502/2: Start on east side of Crathorne bridge, proceed to join A19 southbound carraigeway. Continue south on A19, passing Cleveland Tontine hotel (6.7mls), to the Thirsk by-pass where join A168 to Dishforth. At Dishforth, bear left off A168, (24.8 mls) and proceed to round-about, where turn right, crossing the A168 to turn right at round-about. Continue straight on at the next round-about, to join A168 northbound. (25.7mls) Continue North, retracing outward leg via A168/A19, to bear left off A19 onto A67, to finish at the south end of the large layby approx 250 yds past Crown public house, Kirklevington. (50 mls)



15.0 TEESSIDE COURSE DESCRIPTIONS – 2010 SEASON

SPORTING COURSES

T181: Start at lay-by, near brow of hill, approx 0.5mils west of Swainby on A172. Proceed west to Cleveland Tontine,(2mils) to join A19 southbound, to take A684 exit at top of Clack Bank, (3mils) sign-posted "Northallerton". Continue towards Northallerton till on reaching Brompton, (9mils) take left onto minor road, sign-posted "Kirby Sigston". Continue through Kirby Sigston towards Jeator Houses, (12.7mils) where join A19 northbound to Cleveland Tontine (15.2mils). Retrace along A172 towards Swainby to finish local to start. (17.2mils)

T204: Start local to Staindrop & proceed to Burnt Houses and then onto Copley. Continue in circular route back to Staindrop. (20mils).

T211: Start on Stokesley - Hutton Rudby Rd at lay-by, approx 200 yds East of Seamer Rd. Proceed to Hutton Rudby, keeping left at the bottom of Skutterskelfe Bank (M). At the top of Hutton Rudby Bank, in the village bear left (M) and then take 3rd road on the left (signposted Potto)(M). At "Preston of Potto" Transport Yard, (M) turn left and continue to junction with A172, where bear left (M) to proceed to Stokesley roundabout. (M's). Taking 4th exit, continue to Great Broughton, where turning left at crossroads in the village (M) continue onto Ingleby Greenhow. Turning right (with care) at T-junction (M), proceed through Battersby to Kildale Junction (M), keeping left through Easby to join A173 Stokesley/Great Ayton Road. Turning left (M) at A173 finish at bridge over stream.

T253/1: Start on B1236, at manhole cover in verge, 0.3 miles west of Raby Lane. Continue on B1236 via Atley Hill, through Scorton (approx 5 miles) to junction with B2671 (Southwest of Scorton Village). Turn left at junction onto B6271 and proceed south via Bolton on Swale, Great Langton and Yafforth to turn left (with care) shortly after railway bridge onto Standard Way. Proceed through the industrial estate to T junction with A167 (approx 15 miles). Turn left onto A167 and proceed north via Great Smeaton and Low Entercommon to turn left at junction onto B1236. Continue on B1236 and turn left down Raby Lane (approx 0.3 miles east of start) and proceed for approx 0.7 miles to finish at stone gatepost just north of East Cowton village. (25 miles)

T091: Start on unclassified Stokesley to Seamer road local to gravel pits. Proceed northwards to Seamer (1ml), continuing through village in direction of Hilton for approx 1.9mils, where turn left in direction of Hutton Rudby. (2.88mils) On entering Hutton Rudby, (5.75mils) turn immediately left onto Skutterskelfe Bank and proceed towards Stokesley, turning left (8.57mils) in the direction of Seamer, to finish local to start point (8.71mils) .

T103/1 : Start on south side of B1263 at drain cover 205 yds west of Corn Hill Farm Entrance and 11yds west of Farm Lane, to Cowton Moor on north side. Proceed westwards via Atley Hill to Scorton village, keeping left to "GIVE WAY" sign, at southwest corner (4.83 mls). Taking a right, circle village green and retrace outward route, to pass start at a point opposite gatepost on north side of road and approx 30 yds west of lane to east Cowton where finish (10.00 mls)

T091 X 2: Start on unclassified Stokesley to Seamer road local to gravel pits. Proceed northwards to Seamer (1ml), continuing through village in direction of Hilton for approx 1.9mils, where turn left in direction of Hutton Rudby. (2.88mils) On entering Hutton Rudby, (5.75mils) turn immediately left onto Skutterskelfe Bank and proceed towards Stokesley, turning left (8.57mils) in the direction of Seamer, to pass start and to continue a second circuit, to finish local to start point (17.5mils) .



15.0 TEESSIDE COURSE DESCRIPTIONS – 2010 SEASON

SPORTING COURSES (Continued)

T235 Start at gateway to Bishopton Sailboard Centre. Proceed through Bishopton, continuing up hill and continue to Great Stainton tee junction. (2.8 mls) Turn left at junction and proceed towards Sadberge, taking 2nd lane on the left and continuing in a southerly direction to top of hill in Sadberge village, where left and then left again onto the C51. Continue along lane towards Norton and take 2nd road junction on the left, signposted Redmarshall (10.4mls). Proceed to Redmarshall village and turn left at crossroads, signposted Bishopton. Repeat 1st lap via Stainton and Sadberge Village to continue along C51, to turn 1st left onto road signposted Bishopton. Proceed towards Bishopton to finish at entrance to Stoney Flat Farm, approx 300 yds before start area. (23.0 mls)

T165R: Start on the unclassified road to Hamsterley just to the south of the Wear View Diner, at the mark on kerbstone opposite the chevron road sign and telegraph pole, 35 yards west of the junction with the A68. Start in an easterly direction to join the A68 northbound by the slip road in front of the diner and descend towards the River Wear. Bear left off the A68 onto the unclassified road signposted "Hamsterley Forest" just before the bridge over the River Wear, (1.45 mls). Climb up the hill into Hamsterley to continue through the village and along the southern edge of Hamsterley Forest towards Woodland, to bear right at Robin's Castle farm onto the single track road signposted "Middleton, Eggleston", (8.25 mls). At the Y-junction with B6282 bear left into Woodland, (9.25 mls), to climb through the village and carry straight on in front of the Edge Hotel, onto the unclassified road towards Toft Hill, (10.05 mls). Follow the road all the way to the T-junction with the B6282, Butterknowle to Toft Hill road, where bear left towards Toft Hill, (14.85 mls). Follow the B2682 to turn left onto the unclassified road connecting the B6282 and the unclassified road to Hamsterley (approximately 250 yards before the junction with the A68 in front of "The Sportsman" pub), (15.45 mls). Finish opposite the black and white concrete bollard on the inside of the bend approximately 14 yards passed the double gates on the left hand side of the road and approx 50 yards before the T- junction with unclassified Hamsterley road, opposite the start. (15.60 mls)

T165R x 2 laps: Start on the unclassified road to Hamsterley just to the south of the Wear View Diner, at the mark on kerbstone opposite the chevron road sign and telegraph pole, 35 yards west of the junction with the A68. Start in an easterly direction to join the A68 northbound by the slip road in front of the diner and descend towards the River Wear. Bear left off the A68 onto the unclassified road signposted "Hamsterley Forest" just before the bridge over the River Wear, (1.45 mls). Climb up the hill into Hamsterley to continue through the village and along the southern edge of Hamsterley Forest towards Woodland, to bear right at Robin's Castle farm onto the single track road signposted "Middleton, Eggleston", (8.25 mls). At the Y-junction with B6282 bear left into Woodland, (9.25 mls), to climb through the village and carry straight on in front of the Edge Hotel, onto the unclassified road towards Toft Hill, (10.05 mls). Follow the road all the way to the T-junction with the B6282, Butterknowle to Toft Hill road, where bear left towards Toft Hill, (14.85 mls). Follow the B2682 to the junction with the A68 in front of "The Sportsman" pub, Toft Hill, to turn left **with extreme care** onto the A68, (15.60 mls). Proceed north again on the A68 to pass the Wear View Diner and start the second lap. Turn left again onto the unclassified road to "Hamsterley Forest", (17.45 mls). Proceed through Hamsterley village and along the edge of the forest to Robin's Castle farm, (24.25 mls), to bear right along the single track road to the Y-junction with the B6282, (25.25 mls). Bear left through Woodland, to carry straight on in front of the Edge Hotel, (26.05 mls), onto the unclassified road to Toft Hill. Bear left again at the junction with the B6282 from Butterknowle towards Toft Hill, (30.85 mls), to turn left onto the unclassified road connecting the B6282 and the unclassified road to Hamsterley (approximately 250 yards before the junction with the A68 in front of "The Sportsman" pub), (31.45 mls). Finish opposite the black and white concrete bollard on the inside of the bend approximately 14 yards passed the double gates on the left hand side of the road and approx 50 yards before the T- junction with unclassified Hamsterley road, opposite the start. (31.60 mls).



15.0 TEESSIDE COURSE DESCRIPTIONS – 2010 SEASON

SPORTING COURSES (Continued)

T244: Start on B6279, 3yds before the Staindrop sign and proceed in an easterly direction towards Darlington, taking care at “Spinford Bridge”, to turn left onto the unclassified road, signposted Hilton 1ml, Wackerfield 2ml. Immediately before Ingleton village(2.3mls). Continue up hill, past Hilton and Wackerfield to turn left ont A688, Barnard Castle Road (4.15mls). Follow the road down Keverstone Bank and past Raby Castle into Staindrop, to turn left in front of school onto unclassified road, signposted South Cleatlam 1.5ml, Little Newsham 2ml, Whorlton 4ml. (7.15mls) Proceed through South Cleatlam and Little Nesham, to bear right towards Whorlton. At top of bank (9.35mls) turn left onto the A67 towards Darlington (10.4mls). Follow the A67 past Winston and through Gainford to bear left onto the sliproad for the B6275 “Royal Oak” at Piercebridge. (17.35mls). Give way and turn left onto the B6275 towards “Denton/Summerhouses” crossroads, to turn left onto B6279 towards Staindrop. (19.35mls) Heading in a westerly direction, pass through Ingleton, past the first turn (22.1mls), to finish 3 yds beyond the grate opposite the Staindrop village sign. (24.4mls)

T405: Start in Harmire Road 20 yards beyond the Red Well pub at Telegraph Pole and proceed north from Barnard Castle on the B6278 towards Eggleston. Climb over Folly Top to descend to Lowson’s Garage at the bottom of Folly Bank (5.15 miles) follow the road around to the left and continue towards Middleton in Teesdale. Stay on the B6282 past the lay-by overlooking the River Tees, to bear right after the wooded bends at Whistle Crag (7.75 miles). Climb up Carlonin to the T-junction with the unclassified road from Middleton in Teesdale (8.30 miles) and turn right to descend to the Y-junction at Middle End (10.95 miles). Bear left and left again to rejoin the B6278 to climb up to the summit of Bollihope Common (13.10). Take care on the descent especially on the S-bend below the turning to Frosterley (15.15 miles) and again on the S-bends descending Unthank Bank into Stanhope. Over the level crossing to follow along the riverside and across the River Wear at Stanhope Bridge, proceed into Stanhope to the junction with the A688. (18.95 miles) Bear left up Weardale towards Alston to turn left after 2.25 miles onto the unclassified road to Horsley. (21.20 miles) Over the new Hag Bridge and left at the T-junction at the top of the rise, (21.50 miles) to climb up past Horsley Hall, before descending past two farms back to the junction with the B6278 at Stanhope Bridge (23.55 miles). Straight across at the junction, with care. To retrace back along the riverside and over the level crossing onto Unthank Bank (23.95 miles). Climb up Unthank Bank to retrace route back over Bollihope Common to Middle End, where straight on to pass through Eggleston on the B6278, and turn left at the bottom of Folly Bank (35.05 miles). Climb over Folly Top to descend into Barnard Castle to finish at Telegraph Pole 37 on Harmire Road, outside Glaxo (gsk), 200 yards past the start and just before the turning into the Social Club & Sports Centre. (40.30 miles)

T243: Start Approx 1 mile from centre of Richmond, local to Cemantry and proceed in a westerly direction along the A6108, bearing right at the junction with the B6270, signposted Reeth/Grinton. Proceed to Grinton, where sharp left, (with care) just over bridge and climb out of Grinton on unclassified road towards and past the Youth Hostel (on Left) and continue to junction with minor road, where left and proceed in an east direction across open moorland to Bellerby Camp and at the T junction turn left onto A6108. Proceed along A6108 towards Richmond, to finish local to start.



15.0 SPORTING COURSES (Continued)

NORTH EAST DISTRICT COURSE DESCRIPTIONS – 2010 SEASON

Courses that are to be used in the TYNE TEES Sporting Course Competition (SPOCO) that are situated in the North East CTT District.

M9: Leamside - Lumley Start at the Three Horse Shoes pub, Pit House Lane, Leamside, between West Rainton and Great Lumley. Proceed north to turn 1st left into Lumley (Riders take CARE). Proceed west to turn left (Riders take CARE) at school in southerly direction to T-junction (Cocken Woods). Turn left (Riders take CARE), proceed over motorway, and turn left (Riders take CARE) at junction to Three Horse Shoes pub. DO TWO LAPS.

M14: Edmundbyers - Allenshields - Bale Hill – Edmundbyers Start on the B3606 west of Edmundbyers opposite sign indicating town boundry and proceed in the direction of Blandchland. Turn left on minor road at Bridge End just before Blanchland and continue through Allenshields to T-junction with minor road at Bale Hill. Left on Bale Hill minor road in the direction of Stanhope to the T-junction with the B6278. Left on the B6278 in the direction of Edmundbyers to Finish on the B6278 (be careful on the fast descent for **sheep**) alongside lay-by just before sign indicating south boundry of Edmundbyers.

M18: Ponteland - Whalton - Belsay – Ponteland Start on minor Ponteland to Morpeth road alongside field gate approx. 200 metres south of the entrance to Northumbria Police HQ at Ponteland. Continue north to T-junction with the B6524. Turn left on the B6524 and continue through Whalton to T-junction with the A696. Turn left on the A696 and continue through Belsay to Finish, opposite Dissington Lane End approx. 1/2 mile before Ponteland.

M20: Ponteland - Blagdon - Stannington - Tranwell – Ponteland Start on minor Ponteland to Morpeth road 20 metres north of the junction with the minor Berwick Hill road. Proceed south to the junction and turn left on the minor Berwick Hill road. Continue straight on to the T-junction with the old A1 Blagdon road. Turn left on the old A1 and continue down slip road to join the A1 northbound dual carriageway. Proceed north for approx. 1/2 mile to take the slip road leading to Stannington village and "Give Way" junction. Proceed across junction in to village and turn left after approx. 200 metres. Continue on through the village in the direction of Tranwell village, and through Tranwell village to the T-junction with the B6524. Turn left on the B6524 and continue until the second road on the left at Gubeon (sign-posted Ponteland). Turn left on minor Ponteland road to finish at 30mph road sign approx. 500 metres before the start.

M21: Belsay-Rothley Start at Belsay on unclassified road 200m north of Junction A696 and B6524. Proceed north on unclassified road via Bolam Lake to junction with B6343 (6.4 miles). Turn left to Scots Gap then first right onto unclassified road to Rothley crossroads (9.0 miles). Turn left on B6342 to Cambo where left onto B6343 to Scots Gap. Continue along B6343 to first turn right (take care) onto unclassified road in direction of Belsay to Finish opposite the start.



15.0 SPORTING COURSES (Continued)

NORTH EAST DISTRICT COURSE DESCRIPTIONS – 2010 SEASON

M47: Belsay-Rothbury Start at Belsay on unclassified road 200 yds North of junction with the A696 and B6524. Proceed north on unclassified road via Bolam Lake to junction with B6343 (6.4 miles). Turn left to Scots Gap then first right (Riders take CARE) onto unclassified road to Rothley Crossroads (9.0 miles), and straight ahead to Ewesley Station, Coldrife, Forestburn Gate, Garleigh Summit (15.2m) and descend to Rothbury (17.6m). Bear left immediately after the bridge, past Rothbury church, and left again to Thropton. Bear left down bank to Flotterton at the end of village and bear left to Hepple (23.2m). Continue straight ahead to Bilsmoor timed climb. Proceed to Elsdon (29.2m) and turn left at the end of the village to climb the Gibbet (1:6 or 1:7). Proceed to Harwood Gate House (35.4m) and turn right onto B6342 for 1.5m where turn right and proceed to Knowesgate (38.5m). Turn onto the A696 towards Belsay. Half a mile north of Belsay take the slip road to the left and finish (47miles).

M105: Start at the field gate approx 200 yds south of entrance to Northumbria Police HQ at Ponteland on the unclassified road from Ponteland to Morpeth. Proceed northeast to Kirkley Hall. Turn left to T-junction in Ogle. Turn left, then left again onto minor road towards Belsay. Pass Ogle Hill Head Farm to junction with unclassified road A696 to Whalton. Turn left (Riders take CARE) to T-junction with the A696 half a mile south of Belsay. Turn left (Riders take CARE) and proceed south towards Ponteland. Finish at the end of the coppice opposite Dissington Lane end, approx 1/2 mile before Ponteland.

M100/20: Ponteland - Blagdon - Stannington - Tranwell – Ponteland All details as M20 course, however course is to be covered 5 times

MH10: Hillclimb – Quarrington Hill.

MH11: Hillclimb – Hedley on the Hill, Stocksfield

Information on any course not detailed in the above descriptions can be provided by contacting the event organiser, whose contact details appear in the 2010 CTT Handbook

16.0 TEESSIDE 2010 HILL CLIMB COURSES & INFORMATION:

REF	HILL NAME & LOCATION	DISTANCE
THC 4	Carlton Bank, Stokesley	1.4mls
THC 20		
THC 21		



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Sunday	14 Feb	9.5	V762	8.00	11:00		Team Swift (Hilly)(Cheques to S Cramoysan)
Sunday	21 Feb	10	V718	7.50	10:00		Team Swift (Cheques to D Roe)
Saturday	27 Feb	11	L112	6.00	14:00		Rossendale RC (Hilly)(L&L SPOCO)
Sunday	28 Feb	10	V310	7.00	09:30		Yorkshire Cycling Federation (Cheques to R Haigh)
Sunday	28 Feb	10	V310	7.00	09:30		Yorkshire Cycling Federation (MG 72") (Cheques to R Haigh)
Saturday	06 Mar	32	L321	7.00/4.00 J	11:00	SC	Border City Whs CC (Hilly)(L&L SPOCO) (Hard-Shell Helmets Compulsory)
Saturday	06 Mar	25	V733	21.00	13:00		City RC (Hull)(3up TTT)
Saturday	06 Mar	10	T102	7.00	14:00		Stockton Whs CC (Cheques to J Conlin)
Saturday	06 Mar	10	T102	14.00	14:00		Stockton Whs CC (Tandems)(Cheques to J Conlin)
Sunday	07 Mar	28	L281	7.00	09:00		North Lancs RC (Hilly)(L&L SPOCO)
Saturday	13 Mar	27	L271	7.00	10:00		Pendle Forest CC (Hilly)(L&L SPOCO)
Saturday	13 Mar	24	VV733/24	15.00	13:00		Hull Thursday RC (2up TTT)
Sunday	14 Mar	21	L211	6.00	10:00		Lancaster CC (Hilly)(L&L SPOCO)
Sunday	14 Mar	21	T211	14.00	10:00		Cleveland Whs CC (Sporting)(Tandems)
Sunday	14 Mar	21	T211	7.00	10:00		Cleveland Whs CC (Sporting) (TT SPOCO)
Saturday	20 Mar	21	M21	7.50	14:00		Barnesbury CC (TT SPOCO)
Saturday	20 Mar	10	L101	15.00	14:00	SC	VTTA (North Lancs & Lakes) (2up TTT)(one rider a V)
Sunday	21 Mar	24.4	T244	7.00	09:00		Teesdale CRC (Sporting)(TT SPOCO)
Sunday	21 Mar	19	L192	6.50	10:00		Ribble Valley CRC (Hilly) (L&L SPOCO)
Sunday	21 Mar	10	V810	7.00	09:00		Yorkshire RC (Hilly)
Saturday	27 Mar	14	L142	7.00	11:00	T	West Pennine RC (Hilly)(L&L SPOCO)
Sunday	28 Mar	32	T165x2	14.00	09:00		Bishop Auckland CC (Tandems)
Sunday	28 Mar	32	T165x2	7.00	09:00		Bishop Auckland CC (TT SPOCO)
Sunday	28 Mar	25	L2523	14.00	08:30	T	Tricycle Association (NW)(Tandems)
Sunday	28 Mar	25	L2523	7.00	08:30	SC H	Tricycle Association (NW)(Tricycles only)
Sunday	28 Mar	25	L254	7.00/4.00 J	09:00	SC	Border City Whs CC (Inc VTTA (North))(L&L SPOCO)(Hard-Shell Helmets Compulsory)
Sunday	28 Mar	16	T165	7.00	09:00	SC JY	Bishop Auckland CC (TT SPOCO)
Sunday	28 Mar	10	V910	7.00	09:30		Featherstone RC
Friday	02 Apr	10	V718	8.00	09:00	NS SC W	City RC (Hull)(max 150 Machines 3 Events)(Entries close 18/03/2010)
Friday	02 Apr	10	V718	8.00	09:00	NS SC V	City RC (Hull)(max 150 Machines 3 Events)(Entries close 18/03/2010)
Friday	02 Apr	10	V718	8.00	09:00	NS SC M	City RC (Hull)(max 150 Machines 3 Events)(Entries close 18/03/2010)
Saturday	03 Apr	20	M20	7.50	14:00		Tyneside Vagabonds CC (TT SPOCO)(Cheques to A Macaulay)
Saturday	03 Apr	10	L101	6.50	14:00	W	North Lancs RC (Following mens event)
Saturday	03 Apr	10	L101	6.50	14:00	M	North Lancs RC
Saturday	03 Apr	10	L101	13.00	14:00		North Lancs RC (Tandems)(Following womens event)
Sunday	04 Apr	23	T235	7.00	09:00		Stockton Whs CC (TT SPOCO)
Saturday	10 Apr	10	L1015	6.00	14:00	WJ	Lancashire RC
Saturday	10 Apr	10	L1015	6.00	14:00	V	Lancashire RC
Saturday	10 Apr	10	L1015	6.00	14:00	MT	Lancashire RC
Saturday	10 Apr	10	L1015	12.00	14:00		Lancashire RC (Tandems)
Saturday	10 Apr	10	V718	7.00	13:30	SC WH	VTTA (Yorkshire)(All Ages)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	10 Apr	10	V718	7.00	13:30	SC	VH	VTTA (Yorkshire)
Saturday	10 Apr	10	V718	14.00	13:30	SC		VTTA (Yorkshire)(Tandems)(All Ages)
Sunday	11 Apr	50	L503	7.00	08:30		HT	Nelson Whs CC (Hilly)(L&L SPOCO)
Sunday	11 Apr	10	M106R	7.00	09:00			N&DCA
Saturday	17 Apr	20	L201	6.00	14:00		H	Barrow Central Whs (Hilly)(L&L SPOCO)
Saturday	17 Apr	10	L101	7.00	14:00			Bolton Clarion CC
Saturday	17 Apr	10	T103/1	14.00	14:00			Darlington CC (2up TT)(Cheques to S Fullerton)
Saturday	17 Apr	10	V910	7.00	13:00			Ravensthorpe CC
Saturday	17 Apr	10	V910	7.00	13:00			Ravensthorpe CC (MG 72")
Saturday	17 Apr	10	V910	14.00	13:00			Ravensthorpe CC (Tandems)
Sunday	18 Apr	40.5	T405	7.50	09:00			Teesdale CRC (Mountain)(TT SPOCO)
Sunday	18 Apr	25	L251	6.50	07:00			Ribble Valley CRC
Wednesda	21 Apr	25	L2521	7.50	13:00			VTTA (North Lancs & Lakes)(All ages)
Wednesda	21 Apr	25	L2521	15.00	13:00			VTTA (North Lancs & Lakes) (Tandems)
Saturday	24 Apr	18	M18	14.00	14:00			Ryton Tri (2up TTT)(Cheques to Ryton Tri)
Saturday	24 Apr	13	V362	7.00	14:00			Clifton CC (Lancs & Lakes Series)
Saturday	24 Apr	10	L1015	7.00	14:00	SC		Cleveleys RC (100 Riders)
Saturday	24 Apr	10	V214	7.00	14:00			Otley CC
Sunday	25 Apr	31	L311	9.00	09:00	NS	ME	RTTC RUDY PROJECT TIME TRIAL SERIES (3 of 8)(North DC Committee) (Entries close 06/04/10)(Cheques to D Hall)
Sunday	25 Apr	15	L152	9.00	09:00	NS	WV	RTTC RUDY PROJECT TIME TRIAL SERIES (3 of 8)(North DC Committee) (Entries close 06/04/10)(Cheques to D Hall)
Sunday	25 Apr	15	L152	9.00	09:00	NS	J	RTTC RUDY PROJECT TIME TRIAL SERIES (3 of 8)(North DC Committee) (Entries close 06/04/10)(Cheques to D Hall)
Sunday	25 Apr	15	L152	9.00	09:00	NS	SC	RTTC RUDY PROJECT TIME TRIAL SERIES (3 of 8)(North DC Committee) (Disabled Riders Only)(Entries close 06/04/10)(Cheques to D Hall)
Saturday	01 May	25	V236	7.00	14:00		AH	Yorkshire Cycling Federation (Member Clubs only)(YCF Points Series) Cheques to J Lancaster)
Saturday	01 May	17.2	T181	7.00	14:00			Cleveland Coureurs CC (TT SPOCO)
Saturday	01 May	10	L1010	7.00	14:00	SC		Nelson Whs CC (Hard-Shell Helmets Compulsory)
Sunday	02 May	25	L2511	7.00	09:00	SC		Nelson Whs CC (Hard-Shell Helmets Compulsory)
Sunday	02 May	25	T2531R	7.00	09:00			Darlington CC (TT SPOCO)(Cheques to Darlington CC)
Monday	03 May	14	M14	7.50	10:00			Derwentside CC (TT SPOCO)
Monday	03 May	10	V212	9.00	09:00	SC	WV	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(Max 150 Machines 7 Events)
Monday	03 May	10	V212	9.00	09:00	SC	W	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(max 150 Machines 7 Events)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Monday	03 May	10	V212	9.00	09:00	SC	MV	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(Max 150 Machines 7 Events)(Vets Over 45Years)
Monday	03 May	10	V212	9.00	09:00	SC	M	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(max 150 Machines 7 Events)
Monday	03 May	10	V212	9.00	09:00	SC	J	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(Max 150 Machines 7 Events)
Monday	03 May	10	V212	9.00	09:00	SC	E	Yorkshire Velo (Yorkshire Championships)(Riders living in the Counties of Yorkshire)(Max 150 Machines 7 Events)
Monday	03 May	10	V212	18.00	09:00	SC		Yorkshire Velo (Yorkshire Championships)(Tandems)(Riders living in the Counties of Yorkshire)(Max 150 Machines 7 Events)
Monday	03 May	10	V718	7.00	10:00		H	Tricycle Association (NE)(Tricycles only)
Monday	03 May	10	V718	14.00	09:30			Tricycle Association (NE)(Tandem & Tandem Tricycles)
Monday	03 May	HC	L817	7.00	12:00			Kent Valley RC (L&L SPOCO)
Wednesda	05 May	10	L101	7.50	18:30		V	VTTA (North Lancs & Lakes)
Wednesda	05 May	10	L101	15.00	18:30			VTTA (North Lancs & Lakes) (Tandems)
Friday	07 May	10	M101	7.50	19:00			Cramlington CC (Cheques to Atkinson)
Saturday	08 May	25	V232	7.00	14:00		B	Drighlington BC (Cheques to I Galbraith)
Saturday	08 May	18	T183	7.00	14:00			Altura RT (TT SPOCO)
Saturday	08 May	10	L101	6.00	15:00		WT	Wigan Whs CC
Saturday	08 May	10	L101	6.00	15:00		T	Wigan Whs CC (Inc NLTTA Championship)
Saturday	08 May	10	L101	12.00	15:00		T	Wigan Whs CC (Tandems)
Saturday	08 May	10	L101	Free	15:00		JH	North Lancs TTA (NLTTA Jun/Youth Championship)
Sunday	09 May	30	L304	6.00	08:00		T	Wigan Whs CC (L&L SPOCO)
Sunday	09 May	30	L304	12.00	08:00		T	Wigan Whs CC (Tandems)
Sunday	09 May	30	V243	7.00	07:00		H	VTTA (Yorkshire)(All Ages)
Sunday	09 May	30	V243	14.00	07:00			VTTA (Yorkshire)(Tandems)(All Ages)
Sunday	09 May	25	M2510	7.00	08:00		HB	VTTA North
Tuesday	11 May	10	V212	7.00	19:00		H	Yorkshire Cycling Federation (Cheques to P Hurt)(YCF Points Series)
Tuesday	11 May	10	V212	7.00	19:00			Yorkshire Cycling Federation (Cheques to P Hurt)(MG 72)
Wednesda	12 May	22	L221	7.00/4.00 J	19:00	SC		Border City Whs CC (Hilly)(L&L SPOCO)(Hard-Shell Helmets Compulsory)
Wednesda	12 May	10	V718	35.00	19:00	NS SC		Team Swift (League 1 of 5)(Pref To Yorkshire DC Clubs)(90 Riders) (Cheques to M Williams)(Entries close 26/04/10)
Saturday	15 May	10	L101	7.00	14:00		T	West Pennine RC
Saturday	15 May	10	T102	7.00	14:00			Hartlepool CC (Cheques to Hartlepool CC)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	15 May	10	T102	14.00	14:00		Hartlepool CC (Tandems)(Cheques to Hartlepool CC)
Saturday	15 May	10	V718	7.00	14:00	SC	H Yorkshire Cycling Federation (Pref member clubs)(YCF Points Series) (Chques to M Williams)
Saturday	15 May	10	V718	14.00	14:00		Yorkshire Cycling Federation (Tandems)(Chques to M Williams)
Sunday	16 May	50	L505	6.00	09:00	B	Lancaster CC
Sunday	16 May	50	T502/2	7.00	08:00	BH	Stockton Whs CC
Sunday	16 May	50	T502/2	14.00	08:00		Stockton Whs CC (Tandems)
Sunday	16 May	47	M47	8.00	10:00	SC	C Tyneside Vagabonds CC (TT SPOCO)
Tuesday	18 May	10	L101	6.50	18:30		Ribble Valley CRC
Tuesday	18 May	10	V718	8.00	19:00		City RC (Hull)(100 riders)(20% Women)
Thursday	20 May	10	L105	14.00	19:00		Blackburn & District CTC (2up TTT) (50 Teams)(Series1 of 5)
Saturday	22 May	24	L245	7.00/4.00 J	14:00	SC	Border City Whs CC (Hilly)(L&L SPOCO)(Hard-Shell Helmets Compulsory)
Saturday	22 May	10	V718	8.00	14:00	W	City RC (Hull)
Saturday	22 May	10	V718	8.00	14:00	SC	M City RC (Hull)(Slowest 22.30 LTS)
Sunday	23 May	50	L505	7.00/4.00 J	09:00	SC	Border City Whs CC (L&L SPOCO) (Hard-Shell Helmets Compulsory)
Sunday	23 May	25	M25/9	7.00	08:00	B	N&DCA
Sunday	23 May	25	T252/3	14.00	09:00		Cleveland Coureurs CC (Tandems)
Sunday	23 May	25	T252/3	7.00	09:00	SC	Cleveland Coureurs CC (Teesside District Championship)(Preference to Teesside Riders)
Wednesda	26 May	10	V718	35.00	19:00	NS SC	Team Swift (League 2 of 5)(Pref To Yorkshire DC Clubs)(90 Riders) (Cheques to M Williams)(Entries close 26/04/10)
Thursday	27 May	24	T243	7.00	19:00		Richmond CC (TT SPOCO)
Thursday	27 May	24	T243	14.00	19:00		Richmond CC (TT SPOCO)(Tandems)
Saturday	29 May	25	V232	7.00	14:00	WB	Holme Valley Whs(150 machines – 4 Events)
Saturday	29 May	25	V232	7.00	14:00	M	Holme Valley Whs(150 machines – 4 Events)
Saturday	29 May	25	V232	7.00	14:00	JT	Holme Valley Whs(150 machines – 4 Events)
Saturday	29 May	25	V232	14.00	14:00		Holme Valley Whs (Tandems)(150 machines - 4 Events)
Saturday	29 May	10	M101	7.00	14:00	H	Wansbeck CC
Sunday	30 May	50	V250	7.00	14:00	B	Holme Valley Whs
Sunday	30 May	50	V250	14.00	14:00		Holme Valley Whs (Tandems)
Sunday	30 May	25	L2525	7.00	07:00	B	Preston Whs
Sunday	30 May	25	L2525	14.00	07:00		Preston Whs (Tandems)
Sunday	30 May	25	T252/3	7.00	08:00	H	Cleveland Whs CC
Sunday	30 May	25	T252/3	14.00	08:00		Cleveland Whs CC (Tandems)
Wednesda	02 Jun	10	T103/1	7.00	18:30		Darlington CC (TT SPOCO)(Cheques to S Fullerton)
Thursday	03 Jun	10	L105	12.00	19:00		Preston CC (2up TTT)(50Teams) (Series 2 of 5)
Saturday	05 Jun	25	V2311	12.00	09:00	NS	W RTTC NATIONAL CHAMPIONSHIP (Yorkshire Velo)(Entries close 11/05/10)
Saturday	05 Jun	25	V2311	12.00	14:00	NS	M RTTC NATIONAL CHAMPIONSHIP (Yorkshire Velo)(Entries close 11/05/10)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	05 Jun	25	V2311	12.00	09:00	NS	J	RTTC NATIONAL CHAMPIONSHIP (Yorkshire Velo)(Entries close 11/05/10)
Saturday	05 Jun	50	L505	9.00	14:00		B	VC Cumbria (Inc NLTTA Championship)
Saturday	05 Jun	18	M18	14.00	14:00			Tyneside Vagabonds CC (Cheques to R Case)
Saturday	05 Jun	18	M18	21.00	14:00			Tyneside Vagabonds CC (Cheques to R Case)
Sunday	06 Jun	25	V433	7.00	08:00			Bridlington CC
Sunday	06 Jun	25	V433	14.00	08:00			Bridlington CC (Tandems)
Wednesda	09 Jun	25	L2523	7.50	18:30			VTTA (North Lincs & Lakes)(All ages)
Wednesda	09 Jun	25	L2523	15.00	18:30			VTTA (North Lincs & Lakes) (Tandems)
Wednesda	09 Jun	17	V961/17	7.00	19:00			Condor RC (District TT Series)
Wednesda	09 Jun	10	V718	35.00	19:00	NS	SC	Team Swift (League 3 of 5)(Pref To Yorkshire DC Clubs)(90 Riders) (Cheques to M Williams)(Entries close 26/04/10)
Saturday	12 Jun	10	L1015	6.00	18:00			Lancaster CC
Saturday	12 Jun	10	T105/4	2.00	14:00	SC		GHS DISTRICT CHAMPIONSHIP (Teesside DC)(Stockton Whs CC) (Championship Entry Forms only)
Saturday	12 Jun	10	T105/4	7.00	14:00			Stockton Whs CC
Saturday	12 Jun	10	T105/4	14.00	14:00			Stockton Whs CC (Tandems)
Saturday	12 Jun	10	V910	7.00	14:00			Holme Valley Whs
Saturday	12 Jun	10	V910	14.00	14:00			Holme Valley Whs (Tandems)
Sunday	13 Jun	50	T502/2	7.00	08:00		HB	Cleveland Whs CC
Sunday	13 Jun	50	T502/2	14.00	08:00			ClevelandWhs CC (Tandems)
Sunday	13 Jun	25	L2523	7.00	08:00		T	West Pennine RC (L&L SPOCO)
Sunday	13 Jun	10	V212	7.00	10:00			East Bradford CC
Sunday	13 Jun	10	V212	14.00	10:00			East Bradford CC (Tandems)
Tuesday	15 Jun	10	L105	2.00	19:00	SC		GHS DISTRICT CHAMPIONSHIP (North DC)(North DC Committee) (Championship Entry Forms only) (Cheques to J Leach)
Tuesday	15 Jun	10	V718	8.00	19:00	SC		City RC (Hull)(100 riders)(Pref To Yorkshire DC Clubs)
Wednesda	16 Jun	8.5	T091	7.00	18:30		Y	Cleveland Whs CC
Wednesda	16 Jun	17.5	T091x2	14.00	18:30			Cleveland Whs CC (Tandems)
Wednesda	16 Jun	17.5	T091x2	7.00	18:30			Cleveland Whs CC (TT SPOCO)
Wednesda	16 Jun	11	L111	7.00	19:00			Blackburn & District CTC (L&L SPOCO)
Thursday	17 Jun	10	L105	12.00	19:00			Preston Whs (2up TTT)(50 Teams) (Series 3 of 5)
Thursday	17 Jun	10	M105	2.00	19:00	SC		GHS DISTRICT CHAMPIONSHIP (North East DC)(Tyneside Vagabonds CC)(Championship Entry Forms only)
Saturday	19 Jun	25	V134	14.00	14:00		H	Tricycle Association (NE)(Tandem Tricycles only)
Saturday	19 Jun	25	V134	7.00	14:00		H	Tricycle Association (NE)Tricycles only)
Saturday	19 Jun	10	L1015	7.00	18:00		T	Kent Valley RC
Saturday	19 Jun	10	T105/4	7.00	14:00	SC	V	VTTA National Championship (Cheques to Hartlepool CC)
Saturday	19 Jun	10	T105/4	14.00	14:00	SC	V	VTTA National Championship (Tandems) (Cheques to Hartlepool CC)
Saturday	19 Jun	10	T105/4	7.00	14:00			Hartlepool CC (Cheques to Hartlepool CC)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	19 Jun	10	T105/4	14.00	14:00		Hartlepool CC (Tandems) (Cheques to Hartlepool CC)
Sunday	20 Jun	25	L2524	7.00	07:00	BT	Kent Valley RC (Inc NLTTA Championship)
Sunday	20 Jun	25	M254	7.00	08:00		Sunderland Clarion CC
Sunday	20 Jun	20	T204	7.50	09:00		Ferryhill Whs CC (TT SPOCO)
Sunday	20 Jun	15	V225	14.00	10:00		Yorkshire Cycling Federation (Cheques to Mrs C Tiffany)(Tandems)
Sunday	20 Jun	15	V225	7.00	10:00		Yorkshire Cycling Federation (MG72) (Cheques to Mrs C Tiffany)
Sunday	20 Jun	15	V225	7.00	10:00	H	Yorkshire Cycling Federation (Cheques to Mrs C Tiffany)(YCF Points Series)
Wednes	23 Jun	25	M2510	7.00	19:00	H	Barnesbury CC
Wednes	23 Jun	10	V718	35.00	19:00	NS SC	Team Swift (League 4 of 5)(Pref To Yorkshire DC Clubs)(90 Riders) (Cheques to M Williams)(Entries close 26/04/10)
Saturday	26 Jun	100	L1009	20.00	13:00	T	North Lancs TTA (Tandems)
Saturday	26 Jun	100	L1009	10.00	13:00	HBT	North Lancs TTA (Inc NLTTA Championship)
Saturday	26 Jun	10	V415	7.00	14:00		Bridlington CC
Sunday	27 Jun	50	M50/9	7.00	08:00	B	N&DCA
Sunday	27 Jun	50	V259/1	7.00	07:00	B	Otley CC
Sunday	27 Jun	50	V259/1	14.00	07:00		Otley CC (Tandems)
Tuesday	29 Jun	10	V718	5.00	19:00	A	Humberside Cycling Association (100 Riders) (Cheques to M Williams)
Wednesda	30 Jun	10	V910	7.00	19:00		Elmet CRC (100 riders)(YCF Points Series)
Wednesda	30 Jun	10	V910	2.00	19:00	SC	GHS DISTRICT CHAMPIONSHIP (Yorkshire DC) (ElmetCRC) (Championship Entry Forms Only)
Thursday	01 Jul	9	M9	7.50	19:00		Cestria CC (TT SPOCO)
Thursday	01 Jul	10	L105	12.00	19:00		Cleveleys RC (2up TTT)(50 Teams) (Series 4 of 5)
Saturday	03 Jul	50	V259/1	7.00	14:00	HB	YCF (Cheques to P A Hurt)(YCF Points Series)
Saturday	03 Jul	22	L222	7.00/4.00 J	13:00	SC	Border City Whs CC (Hilly)(L&L SPOCO) (Hard-Shell Helmets Compulsory)
Sunday	04 Jul	35	T351	36.00	08:00	NS	RTTC NATIONAL CHAMPIONSHIP (3up TTT)(Teesside District)(Cheques to Teesdale CRC)(Entries Close 08/06/10)
Sunday	04 Jul	50	L508	7.00	07:00	B	Preston Whs
Sunday	04 Jul	50	L508	14.00	07:00		Preston Whs (Tandems)
Sunday	04 Jul	25	V235	7.00	10:00		Otley CC
Sunday	04 Jul	25	V235	14.00	10:00		Otley CC (Tandems)
Wednesda	07 Jul	10	V718	35.00	19:00	NS SC	Team Swift (League 5 of 5)(Pref To Yorkshire DC Clubs)(90 Riders) (Cheques to M Williams)(Entries close 26/04/10)
Thursday	08 Jul	25	M2510	7.00	19:00	HB	Wansbeck CC
Saturday	10 Jul	25	T252/3	7.00	17:00	B	Stockton Whs CC
Saturday	10 Jul	25	T252/3	14.00	17:00		Stockton Whs CC (Tandems)
Saturday	10 Jul	25	V236/1	7.00	14:00	SC WB	Drighlington BC(Cheques to J Huntington)
Saturday	10 Jul	25	V236/1	7.00	14:00	SC M	Drighlington BC (Slowest 120)(Cheques to J Huntington)
Saturday	10 Jul	10	L1015	6.00	18:00	T	Barrow Central Whs



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	10 Jul	10	L1015	12.00	18:00	T	Barrow Central Whs (Tandems)
Sunday	11 Jul	25	L2523	7.50	08:00	B	VTTA (North Lancs & Lakes) (All Ages)
Sunday	11 Jul	25	L2523	15.00	08:00		VTTA (North Lancs & Lakes) (Tandems)
Thursday	15 Jul	10	L105	12.00	19:00		Ribble Valley CRC (2up TTT) (50 Teams)(Series 5 of 5)
Saturday	17 Jul	25	V236/1	7.00	16:00	WJB	Yorkshire RC
Saturday	17 Jul	25	V236/1	7.00	16:00	M	Yorkshire RC
Saturday	17 Jul	10	L1010	7.00/4.00 J	14:00	SC	Border City Whs CC (Hard-Shell Helmets Compulsory)
Sunday	18 Jul	100	V275	8.00	06:00	SC	HB YCF (YCF Points Series)
Sunday	18 Jul	26	M26	7.50	10:00		Tyneside Vagabonds CC (TT SPOCO) (District TT Series)(Cheques to P Schulz)
Sunday	18 Jul	25	L2511	7.00/4.00 J	09:00	SC	Border City Whs CC (Hard-Shell Helmets Compulsory)
Friday	23 Jul	10	M101	7.50	19:00		Cramlington CC (Cheques to K Sibbald)
Saturday	24 Jul	25	L2511	9.00	14:00	B	VC Cumbria
Saturday	24 Jul	25	T252/2	7.00	14:00	B	Adept Precision RT (Cheques to G McBean)
Saturday	24 Jul	25	T252/2	14.00	14:00		Adept Precision RT (Tandems)(Cheques to G McBean)
Saturday	24 Jul	10	V718	7.50	14:00	WJ	Wolds RT (Cheques to A Hardy)
Saturday	24 Jul	10	V718	7.50	14:00	M	Wolds RT (Cheques to A Hardy)
Sunday	25 Jul	12HR	V12HR	15.00	05:30	B	Elmet CRC (Inc. VTТА Yorkshire)
Sunday	25 Jul	12HR	V12HR	25.00	05:30	SC	DIW Whs (Tag Team)(Teams of 2,3 or 4)(Max 15 Teams)
Sunday	25 Jul	12HR	V12HR	25.00	05:30		Elmet CRC (Tandems)
Sunday	25 Jul	25	L2525	13.00	07:00	T	Lancashire RC (Tandems)
Sunday	25 Jul	25	L2525	6.50	07:00	BT	Lancashire RC
Saturday	31 Jul	25	V236	7.00	14:00	SC	H VTТА (Yorkshire)(All Ages)
Saturday	31 Jul	25	V236	14.00	14:00		VTТА (Yorkshire)(Tandems)(All Ages)
Saturday	31 Jul	10	T105/4	7.00	14:00		Ferryhill Whs CC
Saturday	31 Jul	10	T105/4	14.00	14:00		Ferryhill Whs CC (Tandems)
Sunday	01 Aug	100	M100/20	8.00	06:00	B	N&DCA (TT SPOCO)
Sunday	01 Aug	50	L509	7.50	08:00	B	VTТА (North Lancs & Lakes)(All ages)
Sunday	01 Aug	50	L509	15.00	08:00		VTТА (North Lancs & Lakes) (Tandems)
Sunday	01 Aug	50	V250	7.00	07:00	HB	Pennine CC
Sunday	01 Aug	10	T102	7.00	08:00	H	Cleveland Whs CC
Sunday	01 Aug	10	T102	14.00	08:00		Cleveland Whs CC (Tandems)
Friday	06 Aug	10	M101	7.00	19:00	C	Tyneside Vagabonds CC (Cheques to C Fenwick)
Friday	06 Aug	10	M101	14.00	19:00		Tyneside Vagabonds CC (Tandems) (Cheques to C Fenwick)
Saturday	07 Aug	10	L1015	7.00	18:00		Pendle Forest CC (90 Riders)
Saturday	07 Aug	10	V111	7.00	14:00		Drighlington BC(Cheques to E Pollard) (YCF Points Series)
Sunday	08 Aug	HC	L804	7.00/4.00 J	10:00	SC	Border City Whs CC (Hard-Shell Helmets Compulsory)
Saturday	14 Aug	25	L2511	9.00	14:00	B	VC Cumbria
Saturday	14 Aug	25	T252/3	7.00	14:00	B	Ferryhill Whs CC
Saturday	14 Aug	25	T252/3	14.00	14:00		Ferryhill Whs CC (Tandems)
Saturday	14 Aug	21	M21	7.50	10:00		Ryton Tri (Cheques to Ryton Tri)
Saturday	14 Aug	10	V718	7.50	14:00	WJ	Bridlington CC (Pref to Yorkshire DC Clubs)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	14 Aug	10	V718	7.50	14:00	SC	M	Bridlington CC (Pref to Yorkshire DC Clubs)
Saturday	14 Aug	10	V718	15.00	14:00			Bridlington CC (Tandems)
Sunday	15 Aug	12HR	L1204	15.00	06:00	NS	HBT	RTTC NATIONAL CHAMPIONSHIP (Lancashire RC)(Inc NLTTA Championship) (Entries close 20/07/10)
Sunday	15 Aug	12HR	L1204	25.00	06:00	NS	T	Lancashire RC (Tandems)(Entries close 20/07/10)
Sunday	15 Aug	25	L254	14.00	09:00	SC		Border City Whs CC (2up TTT)(Hard-Shell Helmets Compulsory)
Saturday	21 Aug	100	V278	10.00	13:30		B	Team Swift
Saturday	21 Aug	100	V278	20.00	13:30			Team Swift (Tandems)
Saturday	21 Aug	10	M101	7.50	14:00			Cramlington CC (Cheques to K Plant)
Saturday	21 Aug	10	T102	7.00	14:00	SC	VH	VTTA (North)(Cheques to Hartlepool CC)
Saturday	21 Aug	10	T102	14.00	14:00	SC	VH	VTTA (North)(Tandems)(Cheques to Hartlepool CC)
Saturday	21 Aug	10	T102	7.00	14:00	SC		Hartlepool CC (No Veterans)(Cheques to Hartlepool CC)
Saturday	21 Aug	10	T102	14.00	14:00	SC		Hartlepool CC (No Veterans)(Tandems) (Cheques to Hartlepool CC)
Sunday	22 Aug	25	L254	7.00/4.00 J	09:00	SC		Border City Whs CC (Hard-Shell Helmets Compulsory)
Saturday	28 Aug	30	V240	7.00	14:00		H	Yorkshire Cycling Federation (YCF Points Series)(Chques to N Bennett)
Saturday	28 Aug	30	V240	14.00	14:00			Yorkshire Cycling Federation (Tandems) (Chques to N Bennett)
Sunday	29 Aug	50	T502/2	7.00	07:00		B	Ferryhill Whs CC
Sunday	29 Aug	50	T502/2	14.00	07:00			Ferryhill Whs CC (Tandems)
Sunday	29 Aug	10	V718	10.00	14:00	NS	SC M	Team Swift (Faster Than 22.00 LTS) (Charity Event)(Cheques to M Williams)(Entries close 10/08/10)
Sunday	29 Aug	10	V718	10.00	10:00	NS	SC M	Team Swift (Slower Than 22.00 LTS) (Charity Event)(Cheques to M Williams)(Entries close 10/08/10)
Sunday	29 Aug	10	V718	10.00	10:00	NS	SC	Team Swift (W J & Overflow 80 Max Riders)(Charity Event)(Cheques to M Williams)(Entries close 10/08/10)
Saturday	04 Sep	10	M105	7.50	14:00		C	Tyneside Vagabonds CC (Cheques to R Clarke)
Saturday	04 Sep	10	M105	14:00	14:00			Tyneside Vagabonds CC (Tandems) (Cheques to R Clarke)
Saturday	04 Sep	10	T102	14.00	14:00			Cleveland Coureurs (2up TTT)
Saturday	04 Sep	10	T102	7.00	14:00			Cleveland Coureurs CC
Saturday	04 Sep	10	T102	14.00	14:00			Cleveland Coureurs CC (Tandems)
Saturday	04 Sep	10	V415	7.00	14:00			Scarborough Paragon CC (Cheques to E Ward)
Sunday	05 Sep	25	L2525	12.00	07:30		T	Wigan Whs CC (Tandems)
Sunday	05 Sep	25	L2525	6.00	07:30		HBT	Wigan Whs CC
Sunday	05 Sep	30	T301/1	7.00	08:00		H	VTTA (North)
Sunday	05 Sep	30	T301/1	14.00	08:00			VTTA (North)(Tandems)
Saturday	11 Sep	18	M18	7.50	14:00			Northumbria Police Cycling Club (TT SPOCO)
Saturday	11 Sep	10	L1015	7.00	14:00		WJ	Kent Valley RC
Saturday	11 Sep	10	L1015	7.00	14:00		VT	Kent Valley RC
Saturday	11 Sep	10	L1015	14.00	14:00		T	Kent Valley RC (Tandems)
Saturday	11 Sep	10	L1015	7.00	14:00		M	Kent Valley RC
Saturday	11 Sep	10	V214	7.00	14:00	SC	H	VTTA (Yorkshire)(All Ages)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	11 Sep	10	V214	14.00	14:00		VTTA (Yorkshire)(Tandems All Ages)	
Sunday	12 Sep	15	V221	7.00	10:00		East Bradford CC	
Sunday	12 Sep	15	V221	14.00	10:00		East Bradford CC (Tandems)	
Sunday	12 Sep	HC	MH11	7.50	11:00		Derwentside CC (TT SPOCO)	
Saturday	18 Sep	33	T183	9.00	14:00	NS	ME	RTTC RUDY PROJECT TIME TRIAL SERIES (6 of 8)(Teesdale CRC) (TT SPOCO)(Entries close 31/08/10)
Saturday	18 Sep	22	T183	9.00	14:00	NS	J	RTTC RUDY PROJECT TIME TRIAL SERIES (6 of 8)(CRC) (TT SPOCO) (Entries close 31/08/10)
Saturday	18 Sep	22	T183	9.00	14:00	NS	SC	RTTC RUDY PROJECT TIME TRIAL SERIES (6 of 8)(Teesdale CRC) (TT SPOCO)(Disabled riders only) (Entries close 31/08/10)
Saturday	18 Sep	22	T183	9.00	14:00	NS	WV	RTTC RUDY PROJECT TIME TRIAL SERIES (6 of 8)(Teesdale CRC) (TT SPOCO)(Entries close 31/08/10)
Saturday	18 Sep	50	V259/1	7.00	14:00		B	Yorkshire RC (100 Riders)
Saturday	18 Sep	10	L1015	6.00	15:15		WJ	Wigan Whs CC
Saturday	18 Sep	10	L1015	6.00	13:00		V	Wigan Whs CC
Saturday	18 Sep	10	L1015	6.00	15:15		M	Wigan Whs CC
Saturday	18 Sep	10	L1015	7.00	15:00	SC	H	Tricycle Association (NW)(Tricycles only)
Saturday	18 Sep	10	L1015	12.00	15:15			Wigan Whs CC (Tandems)
Sunday	19 Sep	25	L2523	14.00	08:30		T	Tricycle Association (NW)(Tandems)
Sunday	19 Sep	25	L2523	7.00	08:30	SC	H	Tricycle Association (NW)(Tricycles only)
Sunday	19 Sep	25	L2524	6.00	07:30		B	Lancaster CC (90 Riders)
Sunday	19 Sep	HC	V491	7.00	10:00			Bridlington CC
Saturday	25 Sep	25	V235	7.00	14:00		H	Tricycle Association (NE)(Tricycles only)
Saturday	25 Sep	10	L101	7.00	14:00		T	West Pennine RC
Saturday	25 Sep	HC	V8911/V8	10.00	14:00			Yorkshire RC (2 stage hillclimb)
Sunday	26 Sep	25	T252/3	7.00	09:00		VH	VTTA (North)
Sunday	26 Sep	25	T252/3	7.00	09:00		HB	Cleveland Coureurs CC
Sunday	26 Sep	25	T252/3	14.00	09:00			Cleveland Coureurs CC (Tandems)
Sunday	26 Sep	10	V714	16.00	12:00	SC		City RC (Hull)(2up TTT)(1 Rider a V)
Sunday	26 Sep	10	V714	16.00	12:00			City RC (Hull)(Tandems)
Sunday	26 Sep	HC	L824	8.00	11:00			Team Swift/VC Cumbria (Cheques to K Hargreaves)
Saturday	02 Oct	HC	L801	6.00	10:00			Rosendale RC
Saturday	02 Oct	HC	V891/V89	7.00	11:00			Otley CC (2 stage Hillclimb)
Sunday	03 Oct	25	V232	7.00	08:00		AH	Yorkshire Cycling Federation (YCF Points Series)(Cheques to G Barker)
Sunday	03 Oct	HC	L820	6.00	10:00			Lancaster CC
Sunday	03 Oct	HC	THC4	7.00	11:00			Cleveland Whs CC
Sunday	03 Oct	HC	THC4	14.00	11:00			Cleveland Whs CC (Tandems)
Saturday	09 Oct	HC	V9912	7.00	14:00			Huddesfield Star Whs
Saturday	09 Oct	HC	V9915	7.00	10:00			Holme Valley Whs
Sunday	10 Oct	HC	THC20	7.00	11:00			Ferryhill Whs CC (Stage 1 of 2)
Sunday	10 Oct	HC	THC21	7.00	14:00			Ferryhill Whs CC (Stage 2 of 2)
Sunday	10 Oct	HC	L812	7.00	12:00			Lancashire RC
Sunday	10 Oct	HC	L812	7.00	12:00			Lancashire RC (Tandems)
Sunday	10 Oct	HC	V9917	7.00	10:30			Drighlington BC(Cheques to E Pollard)
Saturday	16 Oct	10	L1015	10.00	13:30	SC	V	VTTA (North Lincs & Lakes)(Charity Event)(100 Riders)
Saturday	16 Oct	10	L1015	10.00	13:30	SC	T	VTTA (North Lincs & Lakes)(Charity Event)(80 Riders)



CYCLING TIME TRIALS



17.0 NORTH/NORTH EAST/TEESSIDE/YORKSHIRE 2010 OPEN EVENTS

Saturday	16 Oct	10	L1015	20.00	13:30	SC	VTTA North Lancs (Charity Event) (Tandems)
Saturday	16 Oct	HC	V9919/V9	12.00	11:00		Pedalsport CC
Sunday	17 Oct	HC	V9916	14.00	14:00		Yorkshire Velo (Tandems)
Sunday	17 Oct	HC	V9916	7.00	14:00		Yorkshire Velo (YCF Pointd Series)
Saturday	23 Oct	HC	L822	7.00	10:30	SC	Nelson Whs CC (Inc NLTTA Championship)(Hard-Shell Helmets Compulsory)
Sunday	24 Oct	HC	L806	6.00	10:00		North Lancs RC
Sunday	24 Oct	HC	V999	7.00	10:30		Huddersfield RC
Sunday	19 Dec	10	M102	7.00	10:00		Barnesbury CC
Sunday	19 Dec	10	V718	7.00	11:00		Team Swift (Cheques to M Williams)
Sunday	19 Dec	10	V718	14.00	11:00		Team Swift (Tandems)(Cheques to M Williams)



18.0 TEESSIDE 2010 DISTRICT COURSE GUIDELINES

Road	Day	Guideline
A19	Saturdays	No Rider to start prior to 1400hrs Last Rider to start no later than 20.00hrs (June/July)
A19	Saturdays & Sundays	Prior to Spring Bank Holiday & After August Bank Holiday Last Rider to start no later than 10.00hrs – 25ml events Last Rider to start no later than 10.00hrs – 50ml events Between Spring Bank Holiday & August Bank Holiday Last Rider to start no later than 09.00hrs – 25ml events Last Rider to clear A19/A168 South by 10.45hrs – 25ml events
<p>At Any Time – NO event to take place on Sunday afternoons on A19 or A168. NO event to take place on Saturday Mornings or prior to 1400hrs. Other courses at discretion of District officials on production of traffic counts and appropriate risk assessment</p>		
A168	Saturdays	No Rider to start prior to 1400hrs Last Rider to start no later than 20.00hrs (June/July)
A168	Sundays	Prior to Spring Bank Holiday & After August Bank Holiday Last Rider to start no later than 10.00hrs – 25ml events Last Rider to clear A19/A168 South by 10.45hrs – 50ml events Between Spring Bank Holiday & August Bank Holiday Last Rider to start no later than 10.00hrs – 25ml events Last Rider to clear A19/A168 South by 10.45hrs – 50ml events
A1	Any Day	As Per current Handbook It was re-confirmed for 2009 not to use the A1 for any events because it is considered unsafe for cycling racing and the inherent risk can not be effectively reduced or removed.

The above guidelines were approved at the 2009 District AGM Meeting

Additional Information: Yorkshire District restricts all weekday evening events on A168 to start after 18.30 hrs.

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KEY POINTS FOR ALL COMPETITORS TO OBEY

THE PRINCIPLES OF CTT REGULATIONS

- **All riders are responsible for their own safety.**
- **You MUST obey the Rules of the Road and obey all traffic signs, signals and direction indicators.**
- **It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.**
- **You must look ahead and not ride with your head down.**
- **You must not take pace or shelter from any other vehicle or competitor (no drafting).**
- **Failure to comply with any of the above, may lead to Disciplinary Action being taken.**



Notes



Notes



CYCLING TIME TRIALS



Standard VTTA Times - Solos

Men	Woman	10.00 Miles	25.00 Miles	30.00 Miles	50.00 Miles	100.00 Miles	12.00 Hours	24.00 Hours
40		25.30	1.6.00	1.19.12	2.17.01	4.54.02	225.00	393.75
41		25.42	1.6.30	1.19.48	2.18.03	4.56.14	223.31	390.79
42		25.54	1.7.00	1.20.24	2.19.05	4.58.29	221.63	387.86
43		26.06	1.7.30	1.21.00	2.20.08	5.00.43	219.97	384.95
44		26.18	1.8.00	1.21.36	2.21.10	5.02.56	218.32	382.06
45		26.30	1.8.31	1.22.13	2.22.14	5.05.15	216.69	379.20
46		26.42	1.9.02	1.22.50	2.23.19	5.07.33	215.06	376.36
47		26.54	1.9.33	1.23.27	2.24.23	5.09.51	213.45	373.53
48	40	27.07	1.10.04	1.24.04	2.25.28	5.12.09	211.84	370.73
49	41	27.20	1.10.35	1.24.42	2.26.32	5.14.27	210.26	367.95
50	42	27.33	1.11.07	1.25.20	2.27.38	5.16.49	208.68	365.19
51	43	27.46	1.11.39	1.25.58	2.28.45	5.19.12	207.11	362.45
52	44	27.59	1.12.11	1.26.37	2.29.51	5.21.35	205.56	359.73
53	45	28.12	1.12.43	1.27.16	2.30.58	5.23.57	204.02	357.04
54	46	28.25	1.13.16	1.27.55	2.32.06	5.26.24	202.49	354.36
55	47	28.38	1.13.49	1.28.34	2.33.15	5.28.51	200.97	351.70
56	48	28.52	1.14.22	1.29.14	2.34.23	5.31.18	199.46	349.06
57	49	29.06	1.14.55	1.29.54	2.35.32	5.33.45	197.97	346.44
58	50	29.20	1.15.29	1.30.35	2.36.42	5.36.17	196.48	343.85
59	51	29.34	1.16.03	1.31.16	2.37.53	5.38.48	195.01	341.27
60	52	29.48	1.16.37	1.31.57	2.39.03	5.41.20	193.54	338.71
61	53	30.02	1.17.11	1.32.37	2.40.14	5.43.51	192.09	336.17
62	54	30.16	1.17.45	1.33.18	2.41.25	5.46.23	190.65	333.64
63	55	30.30	1.18.20	1.34.00	2.42.37	5.48.59	189.22	331.14
64	56	30.45	1.18.55	1.34.42	2.43.50	5.51.34	187.80	328.66
65	57	31.00	1.19.30	1.35.24	2.45.03	5.54.10	186.39	326.19
66	58	31.15	1.20.05	1.36.06	2.46.15	5.56.46	185.00	323.75
67	59	31.30	1.20.41	1.36.49	2.47.30	5.59.27	183.61	321.32
68	60	31.45	1.21.17	1.37.32	2.48.45	6.02.07	182.23	318.91
69	61	32.00	1.21.53	1.38.16	2.49.59	6.04.47	180.86	316.51
70	62	32.15	1.22.30	1.39.00	2.51.16	6.07.32	179.51	314.14
71	63	32.30	1.23.07	1.39.44	2.52.33	6.10.17	178.16	311.78
72	64	32.46	1.23.44	1.40.29	2.53.50	6.13.02	176.82	309.45
73	65	33.02	1.24.22	1.41.14	2.55.09	6.15.51	175.50	307.13
74	66	33.18	1.25.00	1.42.00	2.56.28	6.18.41	174.18	304.82
75	67	33.34	1.25.38	1.42.46	2.57.46	6.21.30	172.88	302.54
76	68	33.50	1.26.17	1.43.32	2.59.07	6.24.24	171.58	300.27
77	69	34.06	1.26.56	1.44.19	3.00.28	6.27.17	170.29	298.02
78	70	34.22	1.27.35	1.45.06	3.01.49	6.30.11	169.02	295.78
79	71	34.38	1.28.14	1.45.53	3.03.11	6.33.07	167.75	293.56
80	72	34.55	1.28.54	1.46.41	3.04.33	6.36.04	166.49	291.36
81	73	35.12	1.29.34	1.47.29	3.05.56	6.39.01	165.24	289.17
82	74	35.29	1.30.14	1.48.17	3.07.20	6.42.00	164.00	287.01
83	75	35.46	1.30.55	1.49.06	3.08.44	6.45.02	162.77	284.85
84	76	36.03	1.31.36	1.49.55	3.10.09	6.48.05	161.55	282.72
85	77	36.20	1.32.17	1.50.44	3.11.35	6.51.07	160.34	280.60
86	78	36.37	1.32.59	1.51.34	3.13.01	6.54.14	159.14	278.49
87	79	36.54	1.33.41	1.52.24	3.14.28	6.57.21	157.94	276.40
88	80	37.12	1.34.23	1.53.14	3.15.55	7.00.33	156.76	274.33
89	81	37.30	1.35.05	1.54.04	3.17.23	7.03.45	155.58	272.27
90	82	37.48	1.35.48	1.54.55	3.18.52	7.06.55	154.42	270.23
91	83	38.06	1.36.31	1.55.46	3.20.21	7.10.07	153.26	268.20
92	84	38.24	1.37.15	1.56.40	3.21.51	7.13.20	152.11	266.19
93	85	38.42	1.37.59	1.57.32	3.23.21	7.16.35	150.97	264.19
94	86	39.01	1.38.43	1.58.25	3.24.53	7.19.51	149.84	262.21

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